



Jigsaw4u

helping young people to put
the pieces back together

Jigsaw4U – Annual Review 2014

**“17 years of helping children and young people
put the pieces back together”**



**Our emphasis is on listening to children and
young people. Giving them a voice in their future
remains at the heart of what we do.**

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Who we are:

Jigsaw4u is a well-established community based charity in South West London, working with children and young people affected by complex social emotional and bereavement issues, such as:

- **Domestic Abuse**
- **Pre and post bereavement**
- **Family breakdown**
- **Sexual exploitation**
- **Going missing from home**
- **Emotional and behavioural problems**

We help get children and young people 'back on track' and make a significant contribution to the emotional well-being and mental health of children, young people and their families. We work in schools, in the community, family homes, at our Centre – or in neutral places like cafes if that is where the young person wants to meet.

"He is no longer violent in school and is a lot less aggressive at home"
– Parent

"She helped me overcome my fears and feel safer at home and school"
– Chloe aged 13

"The service allows children to speak freely and ask questions"
– Parent





Our Impact on the Lives of Young People:

Every year Jigsaw4u works with 3500 individuals – that's nearly 60,000 children, young people and their parents/ carers since we started in 1997

Evaluations in 2014 showed that:

- 100% of children involved in the mentoring project showed an improvement in self confidence.
- 100% of families using the bereavement service said that it had brought positive change to the family.
- 95% of young people involved in the Young Runaway service knew more about healthy relationships, keeping safe and are now making positive decisions.



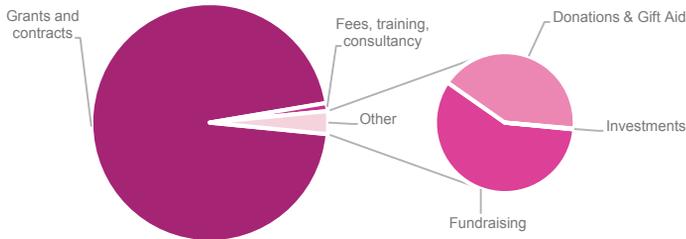
Jade's story

- Jade (10) was referred to Jigsaw4u as her Dad had an advanced life threatening illness. He had become increasingly disorientated and his disease meant that he could not communicate with his family and was very aggressive.
- Jade was very angry and found it very hard to understand why her Dad could not remain in the family home – her Mum could not find the words to tell her that Dad would not recover and asked Jigsaw4u to help.
- Our specialist project worker spent time with Jade weekly in school and at our Centre until her Dad died and supported her afterwards too. She was prepared for her Dad's death and had a clear understanding of the progression of the illness – and why it was unsafe for him to remain at home. Jade also had worries about her own health and we were able to help her with those too.
- Both Jade and her Mum felt well supported through this very sad and difficult time and felt better able to cope.

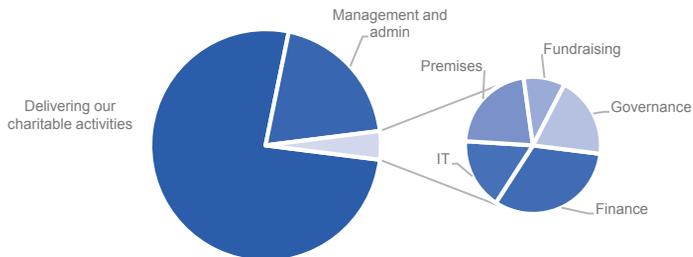




Where does our money come from?



How do we spend it?



How you can help us

- Become a **'Friend of Jigsaw4U'** and help us with fundraising
- **Donate** directly at www.jigsaw4u.org.uk Click donate
- **Volunteer** to work with children; help with admin; family outings
- **Local Business** – adopt us as your local Community Charity
- **Big Business** – adopt us as your Charity of the Year and help us raise funds for a new Mentoring service for vulnerable children making the transition from primary to secondary school.
- **Local Authorities / Schools** – commission a service from us

