



Jigsaw4u

Helping children and young people
put the pieces back together

Jigsaw4u – Annual Review 2018



“You helped me through so much in my hard life. My life was gone – I felt like nothing, you encouraged me to make my life better, you gave me hope. I did just that and I feel so proud of myself. Thank you”.

– A missing young person

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Who are we?

Jigsaw4u is a well-established and respected South West London based children's charity, working with children and young people affected by significant social and emotional issues and bereavement.

Services we offer:

- **Pre and Post Bereavement**
- **Home School Links**
- **Domestic Abuse**
- **Missing Young People**
- **Participation for Young People**
- **Young Victims of Crime**
- **Training**
- **Child Sexual Exploitation**
- **Advocacy and Independent visiting**
- **Mentoring**
- **Parenting**
- **Advice and Consultation**
- **Positive Activities**

Our 21st Year

The celebrations for Jigsaw4u's 20th Anniversary continued into this year – an extraordinary achievement for a charity in challenging financial times. Jigsaw4u has always kept true to its original purpose of giving children and young people a voice in the decisions that affect their lives and 'helping them to put the pieces back together'.

There were a range of celebrations to mark Jigsaw4u's 20th year ranging from volunteer parties, to service user Easter Egg hunts and a reception for commissioners and supporters held at the House of Lords kindly hosted by Lord Clive Brooke of Alverthorpe.

With the great reduction in funding from Local Authorities and Central Government, fundraising and applications for grants and contracts continue to be a challenge. There is growing competition from large national charities and private companies for Local Authority contracts. This drives the need to fundraise and ensure and demonstrate the good work and effectiveness of what we do.

We continue to see a much needed increase in financial support from local and some larger businesses. We are extremely grateful for their amazing generosity.

I am delighted to be presenting this review as my first year as Chair of Jigsaw4u. I started as a volunteer advocate in 2013 and was immediately struck by the quiet and fierce passion of all of those involved in Jigsaw4u. I subsequently became a Trustee in January 2016 and Vice-Chair of the Jigsaw4u Trustees in September 2017.



Mary Praquell
Chair of Trustees

Young people's mental health has never been so important. It's a big and growing problem!

Did you know?

1 in 10 children have a diagnosable mental health disorder - that's roughly 3 children in every classroom.

Almost 1 in 4 children and young people show some evidence of mental ill health (including anxiety and depression)

3 in 4 children with a diagnosable mental health condition do not get access to the support that they need (Young Minds)

Jigsaw4u can help!

- **WE CAN HELP** by seeing children and young people as soon as any sign of distress is noted. This is called early intervention.
- **WE CAN HELP** by using our skilled team to work with children and young people so that they can have their worries identified and get the support they need.
- **WE CAN HELP** by providing children and young people with strategies to enhance their resilience and equip them to deal with their worries.
- **WE CAN HELP** children and young people communicate their worries with their parents and carers.

Jigsaw4u can make a difference!

Children and young people

"It was completely different to what I expected. I can say that I enjoyed going as it was my way to release my feelings."

"I like Jigsaw4u because I love making friends and talking about my feelings."

"At school I like to use the drop in because it gets things off my chest and it's nice to spend time with the other children in the drop in. When I see them again in the playground it's nice because we all use drop in so I feel like they are my friends."

This year has seen Jigsaw4u deliver a service to
over 3700 children, young people and their families.

5134 individual sessions were delivered

1557 children went to a lunchtime a drop in session at their school

409 children attended a group

704 consultations were provided to parents, carers and professionals.

We dealt with **454 enquiries**

233 services users were known to Children's Social Care

We attended **400 meetings** relating to our service users



20th Anniversary Celebration at The House of Lords



On November 14th we celebrated 20 years of supporting children and young people with a very special event at the House of Lords.

We were kindly invited by Lord Brooke of Alverthorpe to hold the celebration in the beautiful River Room overlooking the river Thames and London skyline.

Friends, supporters, staff, trustees and service users came together to reflect on and celebrate the amazing work that is provided by Jigsaw4u year after year.

We began the evening with a special message from the Mayor of London, Sadiq Khan who said; 'What you do makes a huge difference to children and families at some of the toughest time imaginable. You have been there, and continue to be there for some of the most vulnerable people in our society. I can think of no higher calling than that, helping children come to terms with difficult situations and start to move forward with their lives.'

Our guest speaker Sir Keith Ajegbo, Chair of Trustees at the Stephen Lawrence Charitable Trust, spoke of the invaluable extra support provided to vulnerable young people by charities like Jigsaw4u that can make a difference between coping and succeeding, or being overwhelmed by their situation. He acknowledged the challenges charities are facing in the current funding climate due to local authority cuts, which makes life increasingly difficult for many families and yet the needs in our communities are growing. Sir Keith praised the work of our volunteers, particularly highlighting our mentoring project and described Jigsaw4u as a 'wonderful' and 'very, very necessary' charity.



Brothers Aaron and Darren introduced our film 'Talking to children about death', and then confidently answered some questions from our guests about their experiences of working with Jigsaw4u. When asked 'what advice might you give to a young person who was nervous about coming to Jigsaw4u for the first time' Darren said, 'there's not anything to be nervous about as everyone is nice and they help you express your emotions'. Aaron and Darren accessed support through our bereavement project after their Dad died suddenly in 2016 as the result of a brain haemorrhage.



"A wonderful event to celebrate the life changing work being done by such an amazing charity". – Guest



Former Chair of trustees wins award

Chris Roe our former Chair of Trustees was awarded the Sue Robson Trustee of the Year Award 2017 by Sutton Centre for the Voluntary Sector (SCVS)

Chris has been at Jigsaw4u for over 18 years in various roles, Grief Support Worker and Head of Service. For the last 6 years, she has been part of the Friends of Jigsaw4u and was the former Chair of our Board of Trustees.



Volunteer shortlisted at Team London Awards

Our volunteer coordinator Helen McGowan and volunteer Clare Woods with her Certificate of Recognition presented at Team London Awards 2017. Clare was nominated for exemplary contribution to volunteering.

Christmas joy at Connect House

In the run up to Christmas last year, we were approached by a company based on the Willow Lane industrial estate in Mitcham who wanted to donate Christmas presents to the families living temporarily in Connect House. Set Square Staging donated £3,000 from which Jigsaw4u staff bought children's toys, games, adult toiletries and food gift sets for the families. Staff at Close Brothers Group in Wimbledon bought 50 gifts which were also donated.



We worked alongside Assetgrove who manage Connect House and were able to invite residents to come and choose some presents one afternoon. We decorated the Assetgrove office like a Santa's grotto and the Rotary Club of Morden sent along their very own Father Christmas to help give out the presents.

The event was a great success with many of the families sharing they were extremely touched by the kindness of everyone involved.



Jigsaw4u wins Charity Governance Award

We were delighted to win the award for 'Improving Impact' (staff 4-25) at this year's Charity Governance awards held at the Clothworkers' Hall, London. The Charity Governance Awards are organised by the Clothworkers Company – a City Livery company that supports trusteeship initiatives. The evening brought together charities large and small with each winner receiving £5,000 of unrestricted funds.

The 'Improving Impact' award is for organisations that can demonstrate how the board has contributed towards the increase of the charity's impact in relation to its cause, mission and values. The judges were looking for examples of increasing social impact, not just fundraising or increasing income.

Volunteer wins gold award

The Merton Partnership Volunteers Awards took place in June, and Kathleen Zonfrillo was given a 'Gold Award' for her volunteering. She has been a dedicated volunteer with us since 2016 and has volunteered on our domestic abuse and advocacy projects.





Fundraisers

We have had some amazing supporters take part in all sorts of challenge events this year to raise funds for us, including running, cycling and mountain climbing to name but a few. They are phenomenal!



*Where we
get our
funds from?*



■ Donations & Fundraising ■ Companies & Trusts
■ Charity contracts ■ Local authorities

*Where we
spend our
funds?*



■ Directly Delivering Services ■ Fundraising
■ Admin Salaries ■ Accounting and audit
■ Office Costs ■ IT
■ Premises

We would like to say a HUGE thank you to our friends and supporters this year, some of these include...

Wimbledon Midwifery Benevolent Fund, Barnes Montessori Nursery, Angela Brocklesby & Friends, Close Brothers Group, Gibsons, Merton Chamber of Commerce, AFC Wimbledon, Lady Wimbledon, Abbey Primary School, Carshalton Rotary Club, Eligo recruitment, Funeral Partners Carshalton, All Saints Church Tooting, o3engage, Club Minecraft UK, Baseless Fabric Theatre Company, The Church of the Good Shepherd Carshalton Beeches, Givers Gain Sutton, New Wimbledon Theatre, Magical Quests, Cag Gemini Heathrow, Sutton Salvation Army Church, Metro Bank Wimbledon, Boots Colliers Wood, Willows Pre-school Colliers Wood, Coop Funeralcare Rose Hill, Asda Sutton, National Trust Morden Hall Park, Crystal Palaces Supporters Trust, Cranleigh Tennis Club, Light up Morden, Parthenon Lodge Sutton, Wimbledon Park Golf Club, The Wimbledon Foundation, Set Square Staging, Cheam Village Towns Women's Guild, St Matthias Women's Group, Brian Tilbrook, Peter Webb, Beth Etches, Carshalton All Saints, SetSquare, Mr & Mrs Zonfrillo, Our Lady Queen of Heaven, Fiona Rowe, Mrs Dodwell, Ben & Louise Reardon, Puzzlethorn, Parish of South Beddington & Roundshaw, WPA, Bav Bhoobun, Geary Family, Morden Rotary, Eny Usung, Andrew Scott Robertson, Carshalton Choral Society, The Paving Doctor, Neal Newman and many more.



"All the fundraising for Jigsaw4U had a positive impact on morale and teamwork within our business - a proper team effort and something I will never forget"

– Alex Marsh Managing Director Close Brothers Retail Finance



If you are interested in working with Jigsaw4U there are lots of ways that businesses and individuals can get involved:

Staff fundraising, Payroll Giving, Gifts in kind, Volunteering on a project or one off event, Donate your time and expertise, Sponsor a project, Sponsor an activity or event

What can you do today to make a difference?

Why not enquire about becoming a volunteer? We offer full training and will cover expenses.

"Volunteering with Jigsaw4u is very rewarding and even a small amount of time dedicated to a young person means so much to them. So if you have some spare time, give it a go it will be worth it"
- Volunteer

Call our Volunteer Coordinator at the office to find out what current opportunities are available.

Could you help us raise awareness through **friends** and **social media**?

We're on **Twitter, Facebook, Instagram and LinkedIn**.

Do you work for a company who could nominate us for Charity of the year?

Or simply donate!

Text JIGS16 £10 to 70070

Whatever way you choose to support us, your time and money will go towards local children, young people and their families.

Thank you



“It was nice to go somewhere as a family, be outside and have a treat – we were not bothered by the rain – fish and chips, ice cream, sand castles and stone skipping – what more could a family want. Thank you, Jigsaw4u.” - Parent

